

# Valentine Heart

## Notes:

- Use one strand of the thread as it comes from the skein unless specifically instructed to do otherwise.
- Keep the canvas taut on the stretcher bars as you stitch.
- A tent stitch refers to a diagonal stitch over one intersection, and may be worked in basketweave or continental style; whichever is appropriate for the area.
- Mark top of canvas with a T. When I refer to something as being on the 'left' or the 'right,' it means with the T at the top.

## Materials:

Shimmer Blend Ribbon red/wine 39  
Tiara red blend T145  
DMC pearl cotton #8 white  
Kreinik #8 braid 003HL and 002  
Needle Necessities overdyed pearl cotton #8155  
6" x 6" piece of pale blue 18 ct. canvas

**Step 1.** Find the center hole of the canvas, and widen it gently with your needle. We will NOT be stitching in this hole. This hole will be the center of the Rhodes stitch and is marked **C** on your diagram. Stitch it using Shimmer Blend ribbon.

**Step 2.** Stitch mosaic stitches in Tiara around the Rhodes stitch. See diagram for placement.

**Step 3.** Using gold Kreinik braid, stitch all tent stitch outlines.

**Borders:** Stitch the topmost border with T at top. Turn canvas 90° and stitch what is now the topmost section exactly the same way. Repeat with the remaining two sides, turning the canvas 90° each time.

**Step 4.** Inner borders: Stitch oblong crosses over 4 in white pearl cotton. See diagram for placement. Between the groups of crosses is a little row of overlapping cross stitches in red Kreinik braid. These stitches are one thread wide, two threads long, and there are no compensating stitches.

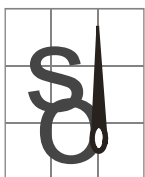
**Step 5.** Outer borders: Use overdyed pearl for the diagonal mosaic and red Kreinik braid for the tent stitches. (Start upper left of area, turn 90° and start upper left of area, and so forth.)

**Step 6.** Draw a heart on the canvas, using the completed square as a guide. The square should be completely within the edges of the heart. Use the template above as a guide.

**Step 7.** Stitch the remaining areas of heart in Criss Cross Hungarian in shimmer ribbon with cross stitches in Tiara.

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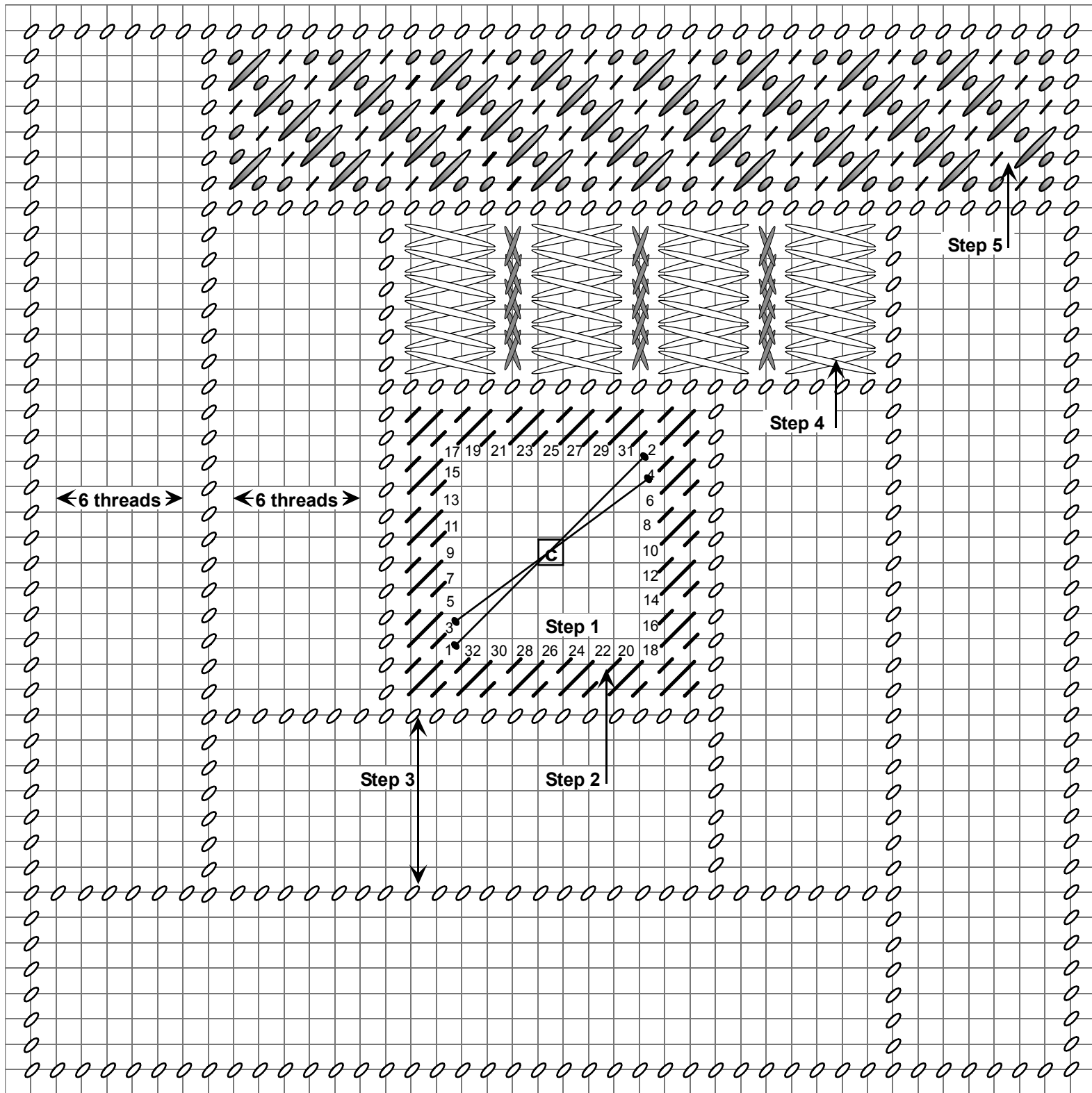
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Step 7: Criss Cross Hungarian

